

## **FINAL REPORT**

**Directed to:** Health-care professionals involved in the diagnosis and treatment of incontinence and voiding dysfunction, who wish to gain autonomy in performing and interpreting urodynamic studies: nurses, gynecologists and urologists.

**Number of hours:** 12 hours theoretical review; 25 practical hours.

**Place:** Centro Médico Teknon, Hospital Sant Camil and Asociación Continencia.

**Dates:** October 25th-29th 2010

**Accredited by the Spanish Council of Med Cont Education with:** 4,9 credits

### **Summary**

Due to the demand in the first two courses (2008 and 9), Continencia decided to organize a third edition of the course in urodynamics.

The course was structured in a theoretical and practical programme. The aim was to teach the principles and basis of urodynamic techniques, indications, types of patients and performance of the test, ending with the interpretation and trace review.

The presentations of all the speakers were done in Centro Médico Teknon, and the practical sessions with patients both at Teknon and at Hospital Sant Camil, nr Barcelona.

### **New features of the 2010 course:**

**Intensive format: restricted number of participants, with theoretical and practical modules done in the same week.**

**Lecture about the psychological impact of incontinence (Dra. Molinuevo. Clinical Psychology Department, UAB)**



**Practical sessions with patients were done in the different centres where Dr.Batista's team perform urodynamic tests: Unit in Centro Médico Teknon and Hospital Sant Camil (Sant Pere de Ribes).**

Students' interaction with faculty was encouraged during the course and specially during "Clinical cases' trace review".



Work lunches and a final closing dinner were celebrated in order to facilitate the informal meeting between speakers and participants.

Participants' profession: 4 nurses, 3 urologists, 1 physiotherapist.

From:

Barcelona, Galicia and Madrid. 1 speaker from Valencia (IVO).

### **Participants' Assessment:**

At the end of the course an evaluation questionnaire was given to evaluate the speakers, content, style and usefulness. The questionnaire was answered by 100% of the students.

Final results of the quantitative part (being the highest score 10 and the lowest 1): **average score was 8.98 for speakers and content, and 10 for style and usefulness.**

Qualitative assessment of the participants. Strengths: small group, trace review, didactic method, utility, organization and environment.

### **Suggestions for improvement:**

As areas for improvement: the frequency of the course and introducing topics as collectors, catheters in the management of the incontinent patient.

**Table: mean values of score components (from 1 to 10)**

Speaker	Content	Style	Utility	Mean
1	9.4	10	10	<b>9.80</b>
2	7.6	8.8	8.4	<b>8.26</b>
3	9	8.8	8.8	<b>8.86</b>
4	8.4	9.4	8.8	<b>8.86</b>