

INTERACTIVE WORKSHOP:
DRY SHEETS, EVERYBODY HELPS



Directed to: parents and children.
Number of hours: 2hours
Venue: Centro Médico Teknon.
Date: 6th June 2013

Summary

Asociación Continencia with Fundación Teknon held an interactive workshop about enuresis. The workshop was directed to families (parents with their children) to explain in detail what bedwetting was and what they can do.

Dr. Batista and Dr. Garat, urologists, talked about the importance of visiting a doctor to treat bedwetting, explained the causes and different treatments (medication, alarms, physiotherapy, enuresis calendars, etc). Dra. Molinuevo (psychologist) emphasized the impact of enuresis on the quality of life of children and how it affects their social relationships.



After that, a workshop specifically for children was held. This workshop encouraged the feedback between child / professional, in order to know their voiding habits, fluid intake and advising them about that. Simultaneously, in the auditorium parents were divided into three groups where Dr. Batista, Dra Esteva and Dra Molinuevo answered the questions from the participants in each group.

Audience: 52 parents and 32 children.