

II International Multidisciplinary Day “Advances in urinary continence”

MEMORY

Directed to: Professionals involved in urinary incontinence, both in-patient or out.

Number of hours: 8 hours

Place: Centro Médico Teknon

Date: 9th April 2010

Accredited activity: 0,8 credits from CCFC - CFCSNS

Summary

Due to the great interest generated by the conference carried out on January 2009 in conjunction with the Urodynamics Unit (Centro Médico Teknon) and **Clinical Continence Supervision Group** (CCSG) of the United Kingdom, Asociación Continencia organized another training activity in the same line as the first one.

The seminar took place during a day at the Centro Médico Teknon auditorium. Participants had the opportunity to develop new strategies for diagnosis and non-invasive treatments of incontinence.

The outline of the session was 20 minutes of exposure for each speaker followed by 10 minutes of questions, thereby enhancing the teacher-participant communication in order to extract the maximum of the seminar.

We celebrated a meal outside the compound, thus facilitating informal meeting between speakers and participants.

Audience: 67 people

Profession: 30% nurses, 30% urologists, 25% gynaecologists, 10% physiotherapists and 5% industry and other medical specialities.

From:

Barcelona, Tarragona, Girona and Madrid. 6 speakers from United Kingdom (CCSG).



Student assessment:

At the end of the session was given an evaluation questionnaire (quantitative and qualitative) in which both was valued the teachers and the course in general. This questionnaire was answered by 80% of the students.

Final results of the quantitative part: being the highest score 10 and the lowest 1, **the average score of teachers was 7.9 and for the topics was 8.01.**

Speakers (random order)	Speaker	Topic
a	8,62	8,56
b	7,38	8,08
c	7,73	7,68
d	6,18	5,70
e	8,02	8,34
f	7,21	7,68
g	8,49	8,60
g	8,07	8,10
h	8,65	8,56
J	8,32	8,55
k	7,95	7,95
Discussion	8,18	8,31
Mean	7,90	8,01



Qualitative assessment:

Strengths: the multidisciplinary approach and some papers in particular as "incontinence study with pad test" and "Relationship with the incontinent patient."

Suggestions for improvement: As areas for improvement, introduce an

issue of rehabilitation of female pelvic floor and incontinence. **Seminars of practical cases.**

